

Bulldog Bulletin

VOL. 9/ISSUE 4-- NOVEMBER 2023

PRINCIPALS MESSAGE

Dear Rocky Run Families,

As we approach the season of giving AND of gratitude, I want to extend a sincere "thank you" to all of our Bulldog families for their constant support and partnership. Educating our students for academic, social/emotional, and behavioral achievement is anything but easy. However, TOGETHER we can and will be successful in that mission!



Here are few tidbits from from in and around the building:

"No School" Days for Students in November

Please be mindful of the following days in November and mark your calendars accordingly!

- Tues., Nov. 7 = NO SCHOOL for students AND staff (Election Day)
- Fri., Nov. 10 = NO SCHOOL for students AND staff (Veterans Day)
- Thanksgiving Break = Wed., Nov. 22 - Fri., Nov. 24

Bulldog Ice Cream Social!

PTO will be hosting an Ice Cream Social on **Wednesday, November 15 from 6-7:30PM**. Please note that this is a date change from the PTO calendar that went out earlier this year. This is a free event open to all of our Rocky Run families! However, we request that you please RSVP if you are planning to attend this event so that we can make sure to have plenty of ice cream and toppings for everyone! Let us know that you'll be attending by [clicking here to RSVP](#) and reserve your spot!

Vendor Fair coming to RRES in December!

Rocky Run PTO will be hosting a Vendor Fair on Saturday, December 2, 2023 from 10AM to 12PM. This event is free to attend, so please mark your calendar and come check out and support our local small businesses.

PTO is looking for vendors to participate in this event. [Vendors can sign up here.](#)

Fall Picture MAKE-UPS = Wednesday, Nov. 15!

Just a reminder that our Fall MAKE-UP or RETAKE pictures on Wednesday, Nov. 15.

We continue to be encouraged by the progress that our Bulldogs are making every day! Please keep working with them at home, ensure that they spend time **READING** nightly, and reach out if you have questions about their progress in school.

Title 1 Parent Info Night...in case you missed it!

Thank you to those parents who attended last month's Title 1 Parent Info Night! In case you were unable to attend, here are a few highlights and main takeaways:

- Title 1 is a federally funded program that provides additional academic support and learning opportunities for students at schools with high percentages of students with a socioeconomically disadvantaged background. Our Free/Reduced Lunch percentage is 46%.
- Rocky Run is a "School-Wide" Title 1 School. This means that Title 1 funding can be used to support the learning of ALL students. There are 7 other Title 1 schools in Stafford County.
- More information can be found on our [Rocky Run Parent and Family Engagement Policy & Compact](#).

Respectfully,

Nick Roman



IMPORTANT NOVEMBER DATES

November 7th- No School - Election Day

November 7th - Chick-fil-A Spirit Night 5-8 Pm (Don't forget to mention RRES when you order)

November 10th - No School - Veterans Day

November 15th - Fall Picture Make-up Day

November 15th- PTO Bulldog Icecream Social from 6-7:30 PM

November 22nd -24th - Thanksgiving Break

IMPORTANT DECEMBER/JANUARY DATES

December 2nd - PTO Vendor Fair 10 AM to 12 PM

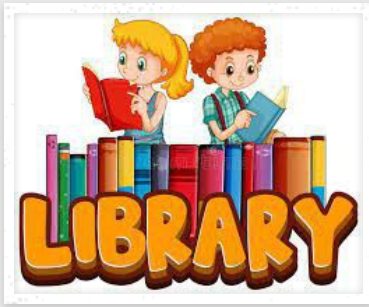
December 20th- End of the 9 weeks and 1st semester

December 21st-Jan. 2nd - Winter Break

January 3rd - No School for students - Teacher workday

January 15th - No School - MLK Jr. Day





LIBRARY NEWS

As the sun sets earlier and the weather is a little colder, November is the perfect time to get set up with a good book. If you need a suggestion, you have come to the right place.

Every year, elementary students across Virginia have the opportunity to read the same 10 books and vote for their favorites. Virginia Reader's Choice encourages young readers to become better acquainted with different types of literature. While *Dogman* and *Babysitter's Club* are fun, comforting reads; it's nice to read something else and expand our world view.

This year check out VRC and find your new favorite book.

Primary:

Are You a Cheeseburger? by Monica Arnaldo
The Year We Learned to Fly by Jacqueline Woodson
Except Antarctica by Tom Sturgell
It Fell From the Sky by The Fan Brothers
Survivor Tree by Marcie Colleen
I Don't Want to Read this Book by Max Greenfield
Mindful Mr. Sloth by Katy Hudson
The Library Fish by Alyssa Satin Capucelli
Chester Van Chime Who Forgot How to Rhyme by Avery Monsen
Digging for Words: Jose Alberto Gutierrez and the Library He built by Angela Burke Kunkel

Elementary:

Too Small Tola by Atinuke
Stuck by Jennifer Swender
Braver: A Wombat's Tale by Suzanne Selfors
Measuring Up by Lily LaMotte
Twins by Varian Johnson and Shannon Wright
Nicky and Vera: A Quiet Hero of the Holocaust and the Children He Rescued by Peter Sis
Mimic Makers: Biomimicry Inventors Inspired by Nature by Kristen Nordstrom
The One Things You'd Save by Linda Sue Park
New From Here by Kelly Yang
Planet Omar: Accidental Trouble Magnet by Zanzibar Mian

NEW COUNSELOR - We are so excited to introduce to the Rocky Run community our new part-time counselor, Mrs. Honor Hutson. She will be at Rocky Run on Mondays, Wednesdays, and Fridays and will work primarily with Kindergarten and 1st grade. Welcome, Mrs. Hutson - we are so happy to have you!



THE HOLIDAYS - While the next several weeks can be very exciting for many students, others may find it a difficult time due to changes in their family such as divorce, an illness or death of a family member, a recent move, etc. If your child needs extra support, please feel free to let a counselor know, we would be happy to help.

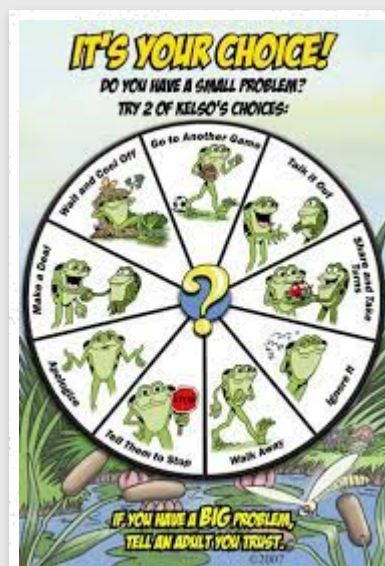
Mrs. Hutson - Kindergarten and 1st grade

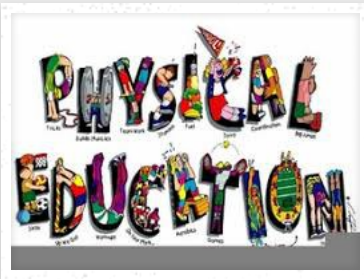
Miss Hill - 2nd and 4th grades

Mrs. Adams - 3rd and 5th grades

RED RIBBON WEEK - Thank you to all students and staff who participated in Red Ribbon Week at the end of October. Students signed a pledge to make choices that are SAFE, HEALTHY, and KIND and dressed in fun ways to show their support.

CLASSROOM LESSONS - Students will be learning ways to handle conflict using Kelso's Choices. One strategy is to walk away from situations that might be uncomfortable or upsetting. Kelso gives students 9 strategies to pick from when there is a conflict. We have included the Kelso Wheel so you can talk with your child about ways to handle conflict as well.





P.E. SPOT

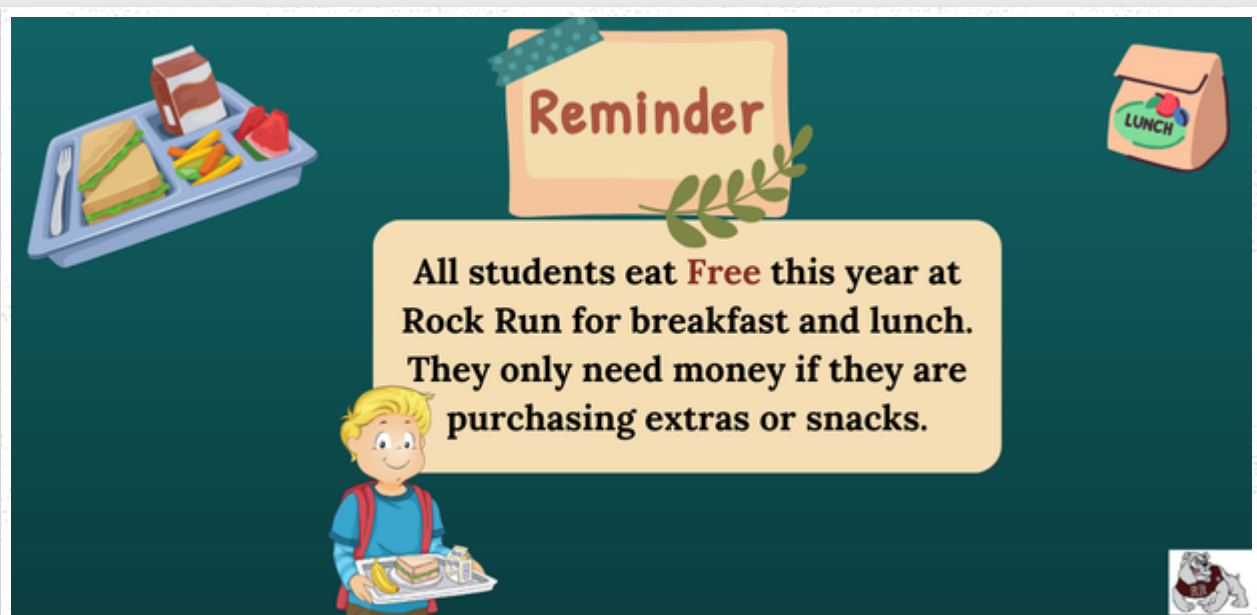
Hello everyone!

October has been a busy month! We completed the Kids Heart Challenge and raised more than \$5,000 for the American Heart Association! Our event was scooter-themed with lights and balloons and focused on many different ways for our Bulldogs to be heart heroes!

November will also be filled with fun opportunities. We have two events scheduled so mark your calendars! In class, we will be participating in the Stack Up on November 14, 15, and 16. This is an event where we will sport stack with children around the world in an attempt to be a part of a Guinness World Record. Ask your Bulldog about it - it would make for a good dinner conversation. After school on November 16 from 5:00 - 6:30 p.m., we will be hosting the "fowl shot" competition at Rocky Run in the gym. Sign up [here](#) and come shoot free throws for a chance to win a turkey! Enter the gym through the single door by the track. The entry fee is a canned good that will be donated.

Thanks for ensuring your child wears the right shoes on P.E. days. Happy fall!

Sincerely,
Miss Carson and Coach Meredith









November is **DIABETES** Awareness Month!

Diabetes is a disease that affects the whole family, especially when a child is diagnosed. Whether you are a parent, sibling, or classmate, your support and understanding can make all the difference. The rates of obesity and Type 2 diabetes among children in the U.S. is rapidly rising. Talk with your child about healthy eating habits and daily exercise.



We are nearing flu season! Please refer to the chart below if you have any questions about when to and when not to send your child to school:

I NEED TO STAY HOME IF...						
						
FEVER	VOMITING	DIARRHEA	RASH	HEAD LICE	EYE INFECTION	HOSPITAL STAY OR ER VISIT
Temperature of 99.5 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" drainage from eye	Hospital stay and/or ER visit
I AM READY TO RETURN TO SCHOOL WHEN I AM...						
Fever-free for 24 hours WITHOUT the use of fever reducing medication (i.e. Tylenol, ibuprofen)	Free from vomiting for 24 hours AND at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash itching or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse.	Evaluated by my doctor and have a note to return to school.	Released by medical provider to return to school.



WALL OF HONOR 2021

In an effort to support our many military families here at school, we created our 17th Annual "RRES Wall of Honor" for Veteran's Day. On the lobby's walls, we place pictures of family members who are veterans and/or are currently in the military.



Multicultural Night!

When: February 15th 6-8


We are looking for families who would like to share about their culture with our Rocky Run Community.

If you would like to volunteer your time please fill out this survey.



ROCKY RUN ELEMENTARY

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